

**DR. SHERRI R. EDELMAN - Curriculum Vitae**

325 Cherry Street  
Philadelphia, PA 19106

Work: (215) 627-6279  
Fax: (215) 627-7244  
WWW.TRI-UNE.COM  
[sherriedelman@comcast.net](mailto:sherriedelman@comcast.net)

**EDUCATION AND CLINICAL TRAINING**

- 2004      Doctorate in Clinical Psychology  
Philadelphia College of Osteopathic Medicine, Philadelphia, Pennsylvania  
\* American Psychological Association (APA) approved program
- 2001      Master of Science in Clinical Psychology  
Philadelphia College of Osteopathic Medicine, Philadelphia, Pennsylvania
- 1998      ADAPTIV Training Program, Philadelphia, Pennsylvania  
Adaptiv Learning Systems, King of Prussia, Pennsylvania  
Dean Becker, President. Chair: *Martin E. P. Seligman, Ph.D.*  
Cognitive Behavioral/Learned Optimism Skills Training Program
- 1987      Master of Science in Group Psychotherapy and Group Process  
Hahnemann University, Philadelphia, Pennsylvania
- 1979      Bachelor of Science in Education  
Temple University, Philadelphia, Pennsylvania (Summa Cum Laude)

**CLINICAL EXPERIENCE**

- 2002-present    INDEPENDENT PSYCHOTHERAPY PRACTICE  
Philadelphia, Pennsylvania  
Triune Wellness (description listed under Professional Experience)
- 2000-2004      THE CENTER FOR CHILDREN'S SUPPORT (now NJ CARES Institute)  
Specialty Care Services: University of Medicine and Dentistry of New Jersey  
Stratford, New Jersey

Provided individual, family and group psychotherapy to children, adolescents and adults. Evaluated and treated children, adolescents, and families suffering from the effects of child sexual abuse, physical abuse, and domestic violence. Conducted weekly therapy groups for non-offending parents, adolescents and children who have been sexually abused. Conducted weekly therapy groups for victims and/or witnesses of domestic violence. Conducted weekly groups for parents who had committed acts of physical violence.

**CLINICAL EXPERIENCE, CONTINUED**

Developed as a team a group treatment manual for victims and witnesses of domestic violence and physical abuse. Handled case management responsibilities and complete comprehensive psychological assessments and reports. Conducted workshops in outreach directed at prevention of abuse.

1992-2001 INDEPENDENT PSYCHOTHERAPY PRACTICE  
Jenkintown and Maple Glen, Pennsylvania

Psychotherapist: Provided cognitive behavioral therapy to individuals, couples families and groups. Areas of focus included: affective disorders, anger, adjustment disorders, sleep disorders, stress, trauma, worry, divorce, sexual and physical abuse, domestic violence, family, peer and relationship problems.

1997-2000 MAIN LINE REHABILITATION ASSOCIATES  
Exton, Pennsylvania

Counselor and Behavior Specialist: Provided services to children, adolescents, adults, couples and families for adjustment to disability, depression, chronic pain management, personality and behavioral changes following brain injury; behavior management and behavior modification after neurological injury; stress management; and post trauma counseling.

Cognitive Remediation Therapist: Helped individuals with brain impairments improve their thinking skills, including: attention and concentration, memory, organization and problem solving. Treatment emphasized skill acquisition and relearning, along with developing compensatory strategies as needed for adequate functioning. Conducted skills training in assertiveness, social skills, time and stress management. Work with children included: learning style assessment; educational evaluation; cognitive remediation; and coordination of remediation with school programs.

**TEACHING EXPERIENCE**

2007-Present PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE  
Adjunct Faculty - Masters of Clinical and Health Psychology Program

2006-2007 PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE  
Masters and Doctorate of Clinical Psychology Programs  
Seminar: Child Abuse

**TEACHING EXPERIENCE, CONTINUED**

1991            HAHNEMANN UNIVERSITY, Philadelphia, Pennsylvania  
  
                  Group Psychotherapy and Group Process Masters Degree Program  
                  Instructor

1979-1981      THE PHILADELPHIA BOARD OF EDUCATION  
  
                  Teacher: Developed curriculum and designed materials. Designed and  
                  implemented individualized reading programs.

**PROFESSIONAL BUSINESS EXPERIENCE**

2002-present   TRIUNE CHIROPRACTIC, COUNSELING & WELLNESS Center  
                  325 Cherry Street  
                  Philadelphia, Pennsylvania

**COFOUNDER and OWNER** of a Health and Wellness Center focused on providing care that supports physical, emotional, and spiritual health and well-being. Serve in an entrepreneurial capacity from initial start-up to growth, development and management. Develop systems and procedures; handle hiring of all personnel; manage executive administrative functions; manage advertising, marketing and financials for the business and all responsibilities related to business ownership. The services offered at Triune Chiropractic, Counseling & Wellness Center incorporate a complementary health care approach; honoring the interdependence of body, mind, and spirit by offering drug-free, natural treatments and services that remove barriers and interference to the body's own healing mechanisms. In addition, Triune's unique approach to health-care includes a partnership with our clients in their journey to wellness; we provide state-of-the-art education and resources, encouraging the building of a strong foundation for self-responsibility and commitment to a lifetime of health and vitality.

Psychologist: Provide therapy and counseling to individuals, couples, families and groups. Areas of specialty include: couples and relationships; affective disorders; anger; adjustment disorders; sleep disorders; stress and pain management; worry; divorce; sexual and physical abuse; domestic violence; family; peer and social problems; somatic complaints; career coaching; counseling; holistic health and wellness

**PROFESSIONAL BUSINESS EXPERIENCE, CONTINUED**

1982-1983 LEVIN ASSOCIATES, Willow Grove, Pennsylvania

Counselor and Program Manager: Contract with Montgomery County Training and Employment Program (MCTEP). Served as liaison between MCTEP and Jewish Employment and Vocational Services (JEVS). Conducted research and handled resource planning for program development.

Developed individual and group training format. Handled intake services, assessment and treatment planning. Supervised clients and provided counseling.

Trainer and Group Facilitator: Worked with individuals with emotional, physical and mental challenges. Facilitated daily small and large groups in vocational and personal skill development. Instructed on topics pertaining to vocational issues, including: communication skills; assertiveness; social skills; interviewing; telephone skills, and resume writing.

1981-1982 GROLIER EDUCATION SERVICES, Philadelphia, Pennsylvania  
Educational Consultant: Delivered presentations and conducted workshops on reading and educational programs and materials. Worked as liaison between Montgomery and Bucks County schools and company. Promoted to District Manager.

**DOCTORAL DEGREE CLINICAL INTERNSHIP**

2000-2002 UNIVERSITY OF MEDICINE AND DENTISTRY  
The Center for Children's Support (please refer to Clinical Experience)  
Stratford, New Jersey (renamed *New Jersey CARES Institute*)

**MASTERS DEGREE CLINICAL INTERNSHIPS**

1998-1999 THE NATIONAL HOSPITAL FOR KIDS IN CRISIS (KIDSPEACE)  
Orefield, Pennsylvania

Clinical Practicum for Doctorate in Clinical Psychology, Philadelphia College of Osteopathic Medicine. Total of 400 Clinical Hours; 100 Supervision Hours

**MASTERS DEGREE CLINICAL INTERNSHIPS, CONTINUED**

Provided individual and group psychotherapy. Conducted psychological Assessments, performed testing and evaluations, wrote psychological reports. and developed treatment plans. Worked with adolescents ages 13-18, primarily with sexual abuse and trauma related disorders, including mood, personality, sexualized behavior problems, and posttraumatic stress.

1985-1987 HAHNEMANN UNIVERSITY, Philadelphia, Pennsylvania.

Group Psychotherapy and Group Process Masters Program  
Total of 1240 Supervised Clinical Hours in combined internships listed below

1985-1986 EUGENIA HOSPITAL, Lafayette Hill, Pennsylvania

Provided individual and group psychotherapy. Handled intake and performed psychological assessments and evaluations. Assisted with discharge planning and outpatient placement. Attended educational seminars and workshops in eating disorders, sexual abuse, suicide and addictions.

1986-1987 EINSTEIN HOSPITAL, PSYCHIATRIC UNIT, Philadelphia, Pennsylvania

Provided individual outpatient psychotherapy to adults. Conducted diagnostic intakes and developed treatment plans. Performed psychological testing and evaluations.

**PROFESSIONAL PRESENTATIONS, SEMINARS AND WORKSHOPS**

2007 CORAZONES UNIDOS SEIMPRES NATIONAL LATIN SOCIETY  
Philadelphia, Pennsylvania

7<sup>th</sup> Annual Convention – Philadelphia Convention Center  
Seminar – *How to Effectively Communicate*

2006 PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE  
Philadelphia, Pennsylvania  
Friday Speaker Series Presenter

Workshop Presentation- Understanding Child Sexual Abuse: Assessment, Treatment and Diversity Issues

**PROFESSIONAL PRESENTATIONS, SEMINARS AND WORKSHOPS, CONT.**

- 2004-2005     ARCADIA UNIVERSITY-Physician's Assistant Graduate Program  
Glenside, Pennsylvania
- Workshop Presentations - *Complementary and Alternative Medicine*  
and *Child Abuse and Neglect*
- 2003            "NEW JERSEY CARES ABOUT BULLYING" Conference  
Rutgers University, New Brunswick, New Jersey  
Workshop Presentation- *The Hidden World of Female Bullying*
- Domestic Violence Program: Moving Beyond Family Violence
- 2002            THE READING HOSPITAL AND MEDICAL CENTER  
Reading, Pennsylvania
- Strengthening Family Resiliency  
Workshop Presentation- *Child Abuse: Breaking the Cycle*
- 2001-2003     SEXUAL ASSAULT FOCUSED EDUCATION (S.A.F.E.), New Jersey
- Public High School Focus Program Leader. Facilitated a two-session  
presentation of a sexual assault risk reduction program for high school  
students to provide youth with information about sexual assault. Facilitated  
critical thinking about relationships, sexual victimization, and gender roles.
- 1999-2002     UPPER DUBLIN SCHOOL DISTRICT, Pennsylvania
- Conducted workshops for middle school children who participate in role  
plays and small and large group discussion on a variety of topics such as:  
self-esteem, relationships, body image, parents and siblings, anger, cultural  
stereotypes, zero tolerance, communication and violence. Provide information  
on career options in psychology.
- 2001            AMERICAN PROFESSIONAL SOCIETY ON THE ABUSE  
OF CHILDREN (APSAC) 2001 COLLOQUIUM, Washington, D.C.  
Presented Award for Outstanding Media to *The Crisis in Foster Care*.
- Presented Lecture on the Crisis in Foster Care*

Curriculum Vitae, Dr. Sherri R. Edelman

Page 7

**MEDIA APPEARANCES**

- 2009 ABC ACTION NEWS  
Bala Cynwyd, Pennsylvania  
Taped Television: Topic - Online Bullying
- 2008 IT'S YOUR CALL WITH LYNN DOYLE: CN8  
Comcast Productions: Philadelphia, Pennsylvania  
Live Television: Topic – Child Abuse
- 2008 ABC ACTION NEWS  
Bala Cynwyd, Pennsylvania  
Taped Television: Topic – Sports Psychology
- 2007 IT'S YOUR CALL WITH LYNN DOYLE: CN8  
Comcast Productions: Philadelphia, Pennsylvania  
Live Television: Topic – Domestic Abuse
- 2007 SURVIVING MOTHERHOOD: The Learning Channel  
Banyon Productions, Philadelphia, Pennsylvania  
Taped Television: Three episodes as “Expert” (Psychology/Women’s Issues)  
Developed bullet points and provided advice on the following topics:  
Guilt and the Working Woman; Mommy/Grandmom raising a child together;  
Mother raising children with a work “obsessed” husband
- 2007 COURT TV  
Catherine Crier LIVE: New York  
Live Television: Topic – Shawn Hornbeck and Ben Ownby kidnapping  
Philadelphia, Pennsylvania
- 2007 FOX NEWS  
Good Day Philadelphia  
Live Television: Topic/March – Disciplining Children  
Topic/April – Happiness in MidLife
- 2006- NBC TODAY SHOW  
2007 Rockerfeller Center: New York, New York  
Live Television: Topic – Secrets in Relationships (May 2007)  
Live Television: Topic – How to Handle Your Anger (September 2006)

Curriculum Vitae, Dr. Sherri R. Edelman

Page 8

**MEDIA APPEARANCES, CONTINUED**

- 2006 ABC ACTION NEWS  
Bala Cynwyd, Pennsylvania  
Live Television: Topic - Health and Wellness ("Web Chat")
- 2004 SUNDAY LIVE WITH WALLY KENNEDY-CBS  
Bala Cynwyd, Pennsylvania  
Live Television: Topic - Child Abuse
- 2004 IT'S YOUR CALL WITH LYNN DOYLE-CN8  
Comcast Productions: Philadelphia, Pennsylvania  
Live Television: Topic - Child Abuse
- 2002 WHYY Radio – Ed Harvey Show  
Bala Cynwyd, PA  
Live Radio Interview: Topic - Health and Wellness

**PRINT AND INTERVIEWS**

- 2008 Jewish Exponent  
Philadelphia, Pennsylvania  
Topic: Why Do Women Live Longer Than Men?  
Michelle Mostovy-Eisenberg-Staff Writer
- 2007 Jewish Exponent  
Philadelphia, Pennsylvania  
Children Can Learn the Real Meaning of Money (12/06/07)  
Michelle Mostovy-Eisenberg-Staff Writer
- 2007 Psychotherapy Finances  
www.PsychotherapyFinances.org  
Print Interview/January issue: Practice Profile - *'Integrated Health' approach helps expand referral base*
- 2007 Philadelphia Magazine  
Philadelphia, Pennsylvania  
Print Interview/March issue: *The Divorce Posse*



Curriculum Vitae, Dr. Sherri R. Edelman

Page 9

**PRINT AND INTERVIEWS, CONTINUED**

- 2006 Philadelphia Style Magazine  
Philadelphia, Pennsylvania  
Print Interview: Developing Independence as a Consumer
- 2006 Philadelphia Daily News  
Philadelphia, Pennsylvania  
Print Interview: Developing Independence as a Consumer
- 2006 Jewish Exponent  
Philadelphia, Pennsylvania  
Featured in "Stars & Society Stars of David" column by Michael Elkin
- 2006 Relief and Wellness News  
Quarterly Newsletter  
Contributing Writer: topics related to Psychology, Health and Wellness
- 2005 United Today Quarterly  
Philadelphia, Pennsylvania  
Print Interview: *Conquer Stress and Empower Your Life*"
- 2004-2005 One Philadelphia (Powerhouse Media)  
Philadelphia, Pennsylvania  
Contributing Writer: Topics related to Psychology, Health and Wellness
- 2003-2005 Authentic Voices Newsletter  
San Diego, California  
A Publication of the National Call to Action: A Movement to End  
Child Abuse and Neglect  
Contributing Writer: *Healing Resources for Adults and Children*

**PROFESSIONAL AFFILIATIONS and COMMUNITY SERVICE**

- 2007 HEALTH AND WELLNESS EXPERT.COM  
Bryn Mawr, Pennsylvania  
Panel Expert-Clinical and Health Psychology: Write and audio record articles  
covering topics about psychology, health and body/mind wellness for website
- 2006 IKEA  
Media Spokesperson for the "Declare Your Independence" campaign

**PROFESSIONAL AFFILIATIONS and COMMUNITY SERVICE, CONTINUED**

2002-2005 A NATIONAL CALL TO ACTION: A Movement to End Child Abuse  
AND AUTHENTIC VOICES  
San Diego, California

Chair and Executive Board Member: Committed to working towards the elimination of child abuse and neglect. Raising awareness about this public health crisis; bringing it to the national stage and helping congressional leaders, local welfare agencies, media, and interested citizens better understand the dynamics and scope of the problem.

1997-present PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE  
Philadelphia, Pennsylvania

Continuing Education Advisory Committee Member: Choose speakers and contribute to development of seminars and workshops in mental health realm

2003-2004 BEST PRACTICES FOR HEALING CHILD ABUSE, Ewing Marion  
Kaufman Foundation, Kansas City, Missouri

Advisory Panel Member: One of a group of international leaders in the field of Child Abuse serving on an Advisory Panel to choose and disseminate Best Practices in the treatment of Child Abuse: a joint effort between the National Movement to End Child Abuse based at the Chadwick Center in San Diego, CA and the Ewing Marion Kaufman Foundation in Kansas City, Missouri.

1999-2001 WORLD CONGRESS OF BEHAVIORAL AND COGNITIVE THERAPIES  
Philadelphia College of Osteopathic Medicine

Sub-Organizing Committee Member: Assist with pre-conference planning phases. Correspond with official organization representative for Turkish government. Work at seminars and assist in organization of workshops

1999-2001 UNIVERSITY OF PENNSYLVANIA CENTER FOR  
COGNITIVE THERAPY, Philadelphia, Pennsylvania

Research Assistant: Pilot Study - Cognitive Behavioral Therapy for Borderline Personality Disorder. Assist with treatment manual research and development. Attend group supervision and treatment team meetings.  
Principal Investigators: T. Aaron Beck, Ph.D.; Cory Newman, Ph.D.; Gregory Brown, Ph.D.; Paul Crits-Christoph, Ph.D., Maryann Laydin, Ph.D.

Curriculum Vitae, Dr. Sherri R. Edelman

Page 11

### DOCTORAL DISSERTATION

- 2003 Philadelphia College of Osteopathic Medicine, Department of Psychology,  
Philadelphia, Pennsylvania (Awarded with Meritorious Distinction)
- A Comparison of Attitudes About Aggression, Sexuality and Social Support in  
The Peer Relationships of Sexually Abused Female Adolescents*
- Research study at the Center for Children's Support and the Department of  
Pediatrics, Division of Adolescent Medicine-University of Medicine and  
Dentistry-School of Osteopathic Medicine (UMDNJ-SOM), Stratford, NJ  
Esther Deblinger, Ph.D, Lori Feldman-Winter, M.D., Elizabeth Gosch, Ph.D.  
and Robert DiTomaso, Ph.D., Principal Investigators

### MASTERS THESIS

- 2007 Hahnemann University, Philadelphia, Pennsylvania
- Psychoanalytic Groups Versus Encounter Groups: Psychotherapy or Growth?*  
A thesis presented to the faculty of Hahnemann University Graduate School in  
partial fulfillment for the Degree Masters of Science in Group Process and  
Group Psychotherapy

### PROFESSIONAL COLLABORATION (Clinical)

- 2006 New Jersey Cares Institute, Stratford, New Jersey
- Coauthor of a Children's Group Manual: *Groups For Children Who Have  
Experienced or Have Been Exposed to Domestic Violence and/or Physical  
Abuse and Their Nonoffending Parents*. Coauthors: Esther Deblinger, Ph.D.,  
Felicia Neubauer, M.S.W., L.C.S.W., Melissa Runyon, Ph.D.

### PROFESSIONAL AWARDS

- 2003 Pennsylvania Psychological Association (PPA)  
ANNUAL EDUCATOR'S AWARD

Curriculum Vitae, Dr. Sherri R. Edelman

Page 12

**PROFESSIONAL REFERENCES**

Dr. Esther Deblinger, Clinical Director, Center for Children's Support  
Associate Professor of Psychiatry; Clinical Director, New Jersey Cares Institute  
University of Medicine and Dentistry, Stratford, New Jersey  
T 856-566-7036

Dr. Melissa Runyon, New Jersey Cares Institute  
University of Medicine and Dentistry, Stratford, New Jersey  
T 856 566 7036

Dr. Elizabeth Gosch, Assistant Professor, Department of Psychology  
Chair and Assistant Professor, Masters of Clinical Psychology Department  
Philadelphia College of Osteopathic Medicine, Philadelphia, Pennsylvania  
T 215 871 6509

Dr. Robert DiTomasso, Chair and Professor, Department of Psychology,  
Philadelphia College of Osteopathic Medicine, Philadelphia, Pennsylvania  
T 215 871 6511

Dr. Gina Fusco, Department of Psychology,  
Philadelphia College of Osteopathic Medicine, Philadelphia, Pennsylvania  
T 215 305 4855

**MEDIA REFERENCES**

Ms. Lynn Doyle  
It's Your Call with Lynn Doyle  
Comcast CN8, Philadelphia, Pennsylvania  
Lynndoyle@cable.comcast.net

Ms. Erin O'Heard, Reporter  
ABC Action News

Ms. Holly Licht, Producer  
Surviving Motherhood, The Learning Channel  
Banyon Productions, Philadelphia, Pennsylvania  
hlight@banyanprod.com  
T 215 928 1414

Ms. Janet Tegley, Producer  
It's Your Call with Lynn Doyle  
Comcast CN8, Philadelphia, Pennsylvania  
Ejantegley@aol.com

Curriculum Vitae, Dr. Sherri R. Edelman

Page 13

**MEDIA REFERENCES, CONTINUED**

Ms. Sheinelle Jones, Anchor  
FOX News, Philadelphia, Pennsylvania  
T 215 287 2369

Ms. Stephanie Seigal, Producer  
NBC Today Show, Rockefeller Plaza, New York, New York  
[Stephanie.Seigal@nbcuni.com](mailto:Stephanie.Seigal@nbcuni.com)  
T 212 664 6414

Mr. Gil Reisfield, Producer  
NBC Today Show, Rockefeller Plaza, New York, New York  
T 212 664 3617

Ms. Chrissy Stanojev, Producer  
Ms. Lynn Doyle  
It's Your Call with Lynn Doyle  
Comcast CN8, Philadelphia, Pennsylvania  
E [Chrissy\\_Stanojev@cable.comcast.com](mailto:Chrissy_Stanojev@cable.comcast.com)

Mr. Tarik Flannigan, Producer (moved to IVillage-Chicago)  
NBC Today Show, Rockefeller Plaza, New York, New York  
[Tarik.Flannigan@nbcuni.com](mailto:Tarik.Flannigan@nbcuni.com)  
T 212 664 4900

Ms. Toby Josephs, Producer (moved to SciFi Channel)  
Court TV, New York, New York  
[Toby.Josephs@turner.com](mailto:Toby.Josephs@turner.com)  
T 212 973 7936

Mr. Kevin Walsh, Producer  
It's Your Call With Lynn Doyle  
Comcast CN8, Philadelphia, Pennsylvania  
T 215 264 1441

Meredith Lindemon, Editor  
Daily Candy, Philadelphia

Michelle Mostovoy-Eisenberg, Writer  
Jewish Exponent, Philadelphia, Pennsylvania  
[michelleme@jewishexponent.com](mailto:michelleme@jewishexponent.com)

Curriculum Vitae, Dr. Sherri R. Edelman

Page 14

**MEDIA REFERENCES, CONTINUED**

Keith Russell, Sports Anchor  
ABC Action News  
Philadelphia, Pennsylvania  
[keithrussell2451@hotmail.com](mailto:keithrussell2451@hotmail.com)

Dawn Heefner, Producer  
ABC Action News, Philadelphia, Pennsylvania  
[Dawn.Heefner@abc.com](mailto:Dawn.Heefner@abc.com)

**PROFESSIONAL LIABILITY INSURANCE**

TDC-The Doctor's Company-American Professional Agency, Inc., Amityville, NY  
Current: 1,000,000/3,000,000

**PROFESSIONAL LICENSURE**

Pennsylvania Licensed Counselor – PC002795 (Current)

Personal References Are Available Upon Request